

August 2017

A Journey and a Destination. Recovery Happens Here!



SUN	MON	TUES	WED	THURS	FRI	SAT
<p>19 10:30 am</p> <p>Get Moving: Dance, Run, or Walk For Wellness! Franklin Park Amphitheater ThePEERCenter.org/PDAW</p>		<p>1 10:00 Computer Skills 11:00 Recovery in Community 2:00 Positive Thinking 5:00 Depression Support 7:00 Dual Diagnosis</p>	<p>2 11:00 Job Readiness 12:00 5 Minute Move It! 12:05 Healthy Habits 1:00 Self-Esteem 2:00 Knitting Club 5:00 Women Rise 7:00 Alcohol/Other Drug Recovery</p>	<p>3 10:00 Self Care 11:00 Chess Club 1:00 Schizophrenia Support 2:00 HIV / STI Testing 4:00 Man Up! 5:00 Opiate Recovery</p>	<p>4 10:00 MH / AOD Peer Recovery 12:00 5 Minute Move It! 2:00 Anxiety Support 4:00 Survivors' Support 7:00 Relapse Prevention</p>	
<p>6 Sunday Fun Day! Open 9-9</p>	<p>7 11:00 Tai Chi 12:00 5 Minute Move It! 1:00 Recovery Tools 4:00 LGBTQ Group 5:00 Emotions Group 7:00 Anger Recovery</p>	<p>8 10:00 Computer Skills 1:00 AGB / Code of Conduct: WEST 2:00 Positive Thinking 5:00 Depression Support 7:00 Dual Diagnosis</p>	<p>9 11:00 Job Readiness 12:00 5 Minute Move It! 1:00 Self Esteem 2:00 Man Up! 5:00 Women Rise 7:00 Alcohol/Other Drug Recovery</p>	<p>10 10:00 Self Care 11:00 Chess Club 1:00 Schizophrenia Education 2:00 All Associate Roundtable & Birthday Bash 4:00 Man Up! 5:00 Opiate Recovery</p>	<p>11 10:00 MH / AOD Peer Recovery 12:00 5 Minute Move It! 2:00 Anxiety Support 4:00 Survivors' Support 7:00 Relapse Prevention</p>	<p>12 Open at 1:00pm for Staff Development 3:00 Veteran's Support 6:00 Handling Conflict</p>
<p>13 Sunday Fun Day! Open 9-9</p>	<p>14 11:00 Walking Club 12:00 5 Minute Move It! 1:00 Recovery Tools 4:00 LGBTQ Group 5:00 Emotions Group 7:00 Anger Recovery</p>	<p>15 10:00 Computer Skills 11:00 Recovery in Community 2:00 Positive Thinking 5:00 Depression Support 7:00 Dual Diagnosis</p>	<p>16 11:00 Job Readiness 12:00 5 Minute Move It! 12:05 Healthy Habits 1:00 Self-Esteem 2:00 Knitting Club 5:00 Women Rise 7:00 Alcohol/Other Drug Recovery</p>	<p>17 10:00 Self Care 11:00 Chess Club 1:00 Schizophrenia Support 4:00 Man Up! 5:00 Opiate Recovery</p>	<p>18 10:00 MH / AOD Peer Recovery 12:00 5 Minute Move It! 2:00 Anxiety Support 4:00 Survivors' Support 7:00 Relapse Prevention</p>	<p>19 10:30 PEERdance & Walk at Franklin Park Amphitheater Open at 1:00pm! 3:00 Veteran's Support 6:00 Handling Conflict</p>
<p>20 Sunday Fun Day! Open 9-9</p>	<p>21 11:00 Tai Chi 12:00 5 Minute Move It! 1:00 Recovery Tools 4:00 LGBTQ Group 5:00 Emotions Group 7:00 Anger Recovery</p>	<p>22 10:00 Computer Skills 1:00 AGB / Code of Conduct: EAST 2:00 Positive Thinking 5:00 Depression Support 7:00 Dual Diagnosis</p>	<p>23 11:00 Job Readiness 12:00 5 Minute Move It! 1:00 Self Esteem 2:00 Man Up! 5:00 Women Rise 7:00 Alcohol/Other Drug Recovery</p>	<p>24 10:00 Self Care 11:00 Chess Club 1:00 Schizophrenia Education 3:00 Cultural Diversity 4:00 Man Up! 5:00 Opiate Recovery</p>	<p>25 10:00 MH / AOD Peer Recovery 12:00 5 Minute Move It! 2:00 Anxiety Support 4:00 Survivors' Support 7:00 Relapse Prevention</p>	<p>26 11:00 Setting Boundaries 12:00 Personal Safety 3:00 Veteran's Support 6:00 Handling Conflict</p>
<p>27 Sunday Fun Day! Open 9-9</p>	<p>28 11:00 Walking Club 12:00 5 Minute Move It! 1:00 Recovery Tools 4:00 LGBTQ Group 5:00 Emotions Group 7:00 Anger Recovery</p>	<p>29 10:00 Computer Skills 11:00 Recovery in Community 2:00 Positive Thinking 5:00 Depression Support 7:00 Dual Diagnosis</p>	<p>30 11:00 Job Readiness 12:00 5 Minute Move It! 12:05 Healthy Habits 1:00 Self-Esteem 2:00 Knitting Club 5:00 Women Rise 7:00 Alcohol/Other Drug Recovery</p>	<p>31 10:00 Self Care 11:00 Chess Club 1:00 Schizophrenia Support 4:00 Man Up! 5:00 Opiate Recovery</p>	<p>19 10:30 am</p> <p>Get Moving: Dance, Run, or Walk For Wellness! Franklin Park Amphitheater ThePEERCenter.org/PDAW</p>	

~EAST~

**750 East Broad St.
Columbus, OH 43205**
P: 614.453.4830
F: 614.453.4845
www.thepeercenter.org

~Hours~

M-F: 7am-11pm
S-S: 9am-9pm
Holidays: 9am-7pm

~Daily Warmline~

614.358.TALK (8255)
10pm-2am

~Daily Activities~

Peer Support
Socialization
Resource Center
Media Center
Arts & Crafts

A Place Where EVERYONE MATTERS!

